

GOOD FOR US Lesson Plan

Objective

To review and brainstorm types of groups children can belong to and how to make those groups function successfully, meeting the needs of all members.

Materials

One-word search per participant (see attached) with writing utensils.

Read and discuss the GOOD FOR US book in small groups.

Activity #1

With a partner or in small groups complete the word search (attached below) with each child having his/her own copy of the word search but working collaboratively. When completed, discuss how it felt to work together.

Activity #2

Human Knot activity:

1. Have the group stand in a circle, facing inward.
2. Tell everyone to reach his or her right arm toward the center and grab someone else's hand. Make sure no one grabs the hand of the person right next to him/her.
3. Next, have everyone reach his or her left arm in and grab someone else's hand. Again, make sure it's not the person right next to them.
4. Now the fun begins! The kids need to work together to untangle the human knot without letting go of any hands. The goal is to end up in a perfect circle again. They can go over or under each other's arms, or through legs if needed. Encourage them to do whatever they want, as long as they don't break the chain in the process.

Come Full Circle

Discuss the questions at the end of the book. Review the Four Awesome Questions found on the book's inside back cover.

Words from Four Awesome Questions

E I J S K H A E F Q Q X A T A
S N C G D G N D R Q X Q R Y W
E G C A X R S F I V K U T H G
T J N O R Z I G E K S E A X P
R G C I U I M W N T F X G W H
U Z A Q L R N B D A Q L Q M C
T N P V J E A G S Q B K B O T
H Q Y A F C E G H B P F M N C
S E L U R D V F I N V P P M E
R E K S C T H R P N R O N B P
H O N E S T Y U I O G H L X S
B K O F D I Q T M A N I K N E
I Y S H G W E I M Z F U E L R
T W Y O G A S D G L V O O G Q
Y L V N I E G N I N E T S I L

CARING
FAIR
HONEST
RULES
TRUTH

COMPROMISE
FEELINGS
LISTENING
SAFETY

ENCOURAGING
FRIENDSHIP
RESPECT
TRUST