

LET'S BE FRIENDS

Lesson Plan

Objective

To present and reinforce the value of being a friend and having friends. Teach and discuss the behaviors that build and maintain good friendships.

Materials

Five pieces of chart paper with a marker for each and tape to hang the papers. One beanbag per each 10 students. (Balls could also be used).

Read and discuss the LET'S BE FRIENDS book in small groups.

Activity #1

Write one of the questions below on each of the pieces of chart paper (one question per paper) and hang these around the room. Ask the students (in small groups or with a partner) to write responses to each question. If the students need help, mentors/adults may assist. Discuss the questions and responses as a group when completed.

- What can you say or do to make a friend feel good?
- What might hurt a friend's feelings?
- What can you do when your ideas are different from someone else's?
- What can you do if you think someone is sad, scared or unsafe?
- What do you look for when choosing a friend?

Activity #2

Students stand or sit in a circle of 10 or less. A beanbag (or ball) is tossed from one child to another (giving everyone at least one turn). The child holding the beanbag offers a true and genuine compliment to the person from whom they received the beanbag. Continue to pass the beanbag, and compliments, as time allows making sure that all participants have an equal number of turns.

Come Full Circle

Discuss the questions at the end of the book. Review the Four Awesome Questions found on the book's inside back cover.