

TELLING THE TRUTH Lesson Plan

Objective

To introduce the concept of TELLING THE TRUTH. To teach or reinforce the idea that we all make mistakes and/or poor choices. How we handle those situations, by telling the truth, makes a big difference in trying to fix the problem and rectify the situation. Telling the truth is the right thing to do.

Materials

Make copies of the attached pages (1 copy of both pages for every 4 participants). Cut the boxes along the lines to separate. Keep in sets of 20 cards.
One ball, to roll among students, for every 10 participants.

Read and discuss the TELLING THE TRUTH book in small groups.

Activity #1

Played like the card game “Concentration”. Give each group of approximately 4 students one set of 20 cards to be laid face down on table/floor. Students take turns turning over one card and then a second one trying to match a problem with its truthful solution. If no match is found, it is the next child’s turn. If a match is made that child removes the pair of cards and may have another turn. Repeat until all cards are matched.

Activity #2

Students are seated in a large circle (10 per circle) and pass the ball to the identified speaker. The first student holds the ball and presents a problem in which it may be hard to tell the truth. He/she then rolls the ball to the next student who offers a possible truthful response. That student then rolls the ball to the next student who shares a different problem and rolls the ball to the next problem solver. Continue in this pattern. If the problems become repetitious, some adult assistance may be needed to change things up.

Come Full Circle

Discuss the questions at the end of the book. Review the Four Awesome Questions found on the book’s inside back cover.

Homework not completed	Threw away vegetables
Broke Mom's vase	Shoved items under bed
Came home late	Don't want to keep a play date
Spilled juice on carpet	Said something unkind about a friend
Made sibling cry	Stayed up past bedtime playing games

<p>“I’m sorry that the work isn’t done, but I didn’t understand and think I need help.”</p>	<p>“I’m sorry that wasted food. Next time I’ll try to eat more and tell you if I’m having trouble”</p>
<p>“I’m sorry to be late. We were having so much fun playing a game and I lost track of time. Next time I’ll set an alarm so I’m on time.”</p>	<p>“I would really like to play with you, but could we do it a different day?”</p>
<p>“I’m sorry about the mess. Tell me what I can do to clean it up.”</p>	<p>“I’m sorry if I hurt your feelings. You are my friend and I will be more kind with the things I say.”</p>
<p>‘I’m sorry and I know you must be sad. I won’t play ball in the living room anymore.’</p>	<p>“I’m sorry. I know that wasn’t the right thing to do. I will put those things away right now.”</p>
<p>“I’m sorry for making my brother cry. I got mad and hurt him. Next time I will use my words.”</p>	<p>“I’m sorry I didn’t follow the rules. I was having fun but know I need my rest. I will follow the rules next time and go to bed when I am supposed to.”</p>